PENRITH PUBLIC SCHOOL

Newsletter

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No.19.14  Tuesday, 17th June 2014

PENRITH PUBLIC SCHOOL’S CORE VALUES
Learning   Environment   Cooperation   Respect

Principal’s Message

Junior and Senior Discos
This term’s discos will be held on Tuesday 22nd June in the school hall.
Junior (Years K-2) – 4.30pm – 5.30pm cost is $4.00 which includes a bottle of water.
Senior (Years 3-6) – 5.30pm – 7.00pm cost is $5.00 which includes a bottle of water.
This function is to raise money for Stage 3, Year 6 Farewell.
### Pick up time for Years 3-6 students is 7.00pm

Starting School Group (for pre-schoolers)
Monday, 21st July 2014
Starting next term will be a free “Starting School Playgroup” which will cater for pre-school age children who do not attend pre-school and will be starting school at Penrith Public School next year.
The playgroup will run in the Penrith Public School hall each Monday morning from 9.15 to 11.15am. Families are required to stay with their children for the duration of the playgroup. Siblings are welcome and are encouraged to attend.
A trained Early Childhood teacher will run the group and provide structured instruction for the children. Some activities will also involve the Kindergarten classes.
Please contact the school office for more details and to register your child or just turn up

Glow sticks will be on sale for $1 each

2015 Kindergarten Enrolments
Now is the time of year to be enrolling your children for Kindergarten next year.
If your child turns five (5) years of age before 31st July 2015 then they are able to enrol in Kindergarten. When enrolling your child, a Birth Certificate and Immunisation records must be produced and an Enrolment Form must be completed. Please enquire at the office.
To celebrate Education Week, it’s Pedlar’s Fair time again. Proceeds from Pedlars’ Fair will go towards projects at school and to support our programs of reading and talking and listening.

* Students in Years 3, 4, 5 & 6 are asked to prepare an activity or game (in groups at school) in which other students can “pay” to participate. Students usually work in small groups to organise their game and materials they need and are supervised by their class teacher. Some past activities have been *sponge toss *guess the jelly beans *face painting *tom bowlo *quoits, etc

* Each student in Kindergarten, Year 1 and Year 2 is asked to prepare a pedlar’s tray at home and bring it to school on the day to “sell” their wares. The children can dress up on the day to match their wares e.g. a baker if you have some muffins, a clown if you have some juggling balls, a fairy if you have bags of magic dust!

Before the Pedlars’ Fair! There will be no money exchanged on the day. Students are asked to bring their money to school before the day and exchange it for “Pedlar’s Pennies” which are traded for wares on the trays and turns at the games. As transactions are made, the “pennies” will be destroyed but if the students have some left over, they can write their name on the back and they will go in the draw for a prize.

On the day! K, Yr1 & 2 will parade with their trays and then set them up in “Tray Central” where parents can volunteer to assist with trading. Students are then able to move amongst the games and activities and have some fun with their big buddies.

The day is designed to encourage children to participate in the planning and implementation of activities with their friends and peers. Every child should be able to take part in some aspect of the day. Your assistance is an appreciated and highly valued aspect of your child’s learning. All family members and friends are invited to attend.

Pedlar’s Pennies will be available to pre-purchase in Term 3 Week 1 for 50c each or 5 for $2 (on the day they will be 50c each).
Silver Awards

Congratulations to the following students who have earned Silver Awards:

<table>
<thead>
<tr>
<th>Taya Katene-McRoberts</th>
<th>Daniel Vo</th>
<th>Joshua Stanislas</th>
<th>Hayden Jones</th>
</tr>
</thead>
<tbody>
<tr>
<td>Rudaina Hoque</td>
<td>Eavie Doyle</td>
<td>Shaelee Gates</td>
<td>Leilani Carbonari</td>
</tr>
<tr>
<td>Alex Heffernan-Payne</td>
<td>Joshua Okello</td>
<td>Phoenyx Miller</td>
<td></td>
</tr>
</tbody>
</table>

Photographs

If you wish to purchase photographs of the House Captains, Librarians or Councillors, the cost is $14 per photo (2 for $26 or 3 for $36). These may be viewed and ordered through the school office.

NAIDOC DAY

The letters that make up the word NAIDOC are an acronym, which stands for National Aboriginal and Torres Strait Islanders Day of Commemoration. Every year in Australia a designated day and week is set aside to celebrate NAIDOC.

This year at Penrith Public School, Naidoc celebrations commence before the term two holidays and continue throughout term three. The following activities have been planned.

- Art competition: certificates and book prizes will be awarded to one person from each class and presented at the Naidoc assembly at 11.45am on Thursday 26th June in the school hall.
- Naidoc assembly run by the senior Indigenous students to explain the importance of this celebration and to celebrate the continuing enrichment that the World’s oldest continuous culture makes to our lives.
- Everyone may dress in red black or yellow on Naidoc day to remind us about some important elements of Aboriginal and Torres Strait Islander cultures.

Tired of putting off your fitness goals?
Looking for great value and a friendly atmosphere to workout?
Wanting to improve your health and wellbeing?

DON’T LET WINTER HOLD YOU BACK!!

- Memberships from only $30.00 per month!
- Fully Air conditioned Gymnasium
- Group Fitness, Spin and Kickboxing classes.
- Personal Training sessions and Program assessment available.
- Child Minding facilities, Mon-Fri 10am-1pm & 5pm-8pm (Excluding Friday PM).
- Fit 4 Kids Kickboxing & Fitness classes.
- Fully Refurbished Ladies Only Gym section.
Athletics Carnival (For ALL students K-6) all teachers will be attending the carnival – there will be NO classes at school

The Penrith Public School annual athletics carnival will be held on Thursday 17\textsuperscript{th} July at Parker St Oval Please contact Mr Emmingham if you can help as an official

All students are to be at school in the morning (17\textsuperscript{th} July) for roll-marking and to catch the bus. Every student must wear their SCHOOL (or House colour) hat.

The cost for every student is $6.00; this covers the cost of the ground, equipment hire and transport.

All students must travel by bus.

If students are not travelling back to school on the bus:

- they must have their name marked off by their class teacher before leaving the carnival with their parents/carers or;
- they must have a signed parent/carer note giving permission to walk home – this must be handed to the class teacher and
- they are not permitted to leave the carnival with a friend or relative unless a permission note written by a parent or carer has been given to the class teacher

Athletics carnival Day

- The school canteen will NOT be open
- Breakfast club WILL operate
- There WILL be canteen facilities at Parker St Oval – snack foods may be purchased

Head Lice

Please check your child’s hair for head lice; there have been recent outbreaks again. We can only prevent the reoccurrence of head lice if we regularly check hair, once every week, and then treat with specific head lice preparations from the chemist. Washing clothing and bed linen will also assist in preventing further infestations. Head lice don’t discriminate, they exist in all hair types, regularly washed and unwashed. Checking regularly is the best method of prevention.

General advice

- Regularly check your children’s hair.
- Young girls often become very independent about their hair care and it can become difficult to convince them that it’s important for you to continue checking their hair. Try to persist or show them how they can check their own hair when they wash it.
- Tying long hair back or braiding it, may help to reduce the transmission of lice.
- Keep a good quality lice comb in the shower so that every time anyone washes their hair they use the comb.
- The more people know about simple management methods the easier it will be to reduce the problem.
- Head lice and detangle combs should be cleaned between treatments in hot soapy water and rinsed in running hot water.
- For more information on head lice or the Nitbusters Program go to www.health.nsw.gov.au/headlice

Stranger Danger

Please speak to your children about “stranger danger” when going to and from school; never speak to anyone they don’t know, never accepts lifts in cars, never take a different route, know where on the route to seek help if needed.
Stay safe these holidays

Keep our kids safe near roads

School holiday time is a great opportunity for families to have conversations with their children about road safety. Here are some important tips for families to talk about:

- Hold your child’s hand while in the car park, on the footpath and when crossing the road. Children should hold an adult's hand up until they are eight years old.
- **Stop, Look, Listen, Think, every time you cross the road**
- Always buckle up in your seatbelt and follow the national child restraint laws for 0-7 year olds.
- Help your child exit the car using the rear passenger door on the footpath side.
- Ensure your child wears a helmet and rides in a safe place away from the road while on a bike, scooter or skateboard.

Thousands of families will be on the roads setting off on road trips these holidays. As more people use our roads, it increases the risk of road trauma!

Here are some useful road safety tips to make sure your family’s journey is a safe one:

- Set off on a long trip feeling refreshed. Sleep well before travelling.
- Drive at times you would normally be awake. Take a 15 minute break outside your car every two hours.
- Observe the speed limit and drive to the conditions. Take your time and enjoy the scenery.
- Eat well balanced meals at regular times. You need the energy for brain activity and concentration while driving.
- Secure your mobile phone in a fixed cradle mount and operate hands free or via Bluetooth only.
- Pack some quiet activities for the children such as portable DVD players, books, small computer games, portable music player with headphones.


Vacation Care Centres

Emu Plains, Emu Village OOSH 47354511
Glenmore Pk, Glenmore Pk OOSH 4733 5097
Cranebrook – Grays Lane OOSH 4729 1736
South Penrith, Tandara OOSH 4732 4162
St Clair, Kindana OOSH 9834 4076
Werrington, Yoorami OOSH 47316929

Too sick for school?

As the cold weather hits, so do the winter bugs. It’s often hard to know whether to send your child to school or let them stay home to recover, especially when that means an adult cancelling work. For safety's sake, if your child seems unwell you should always keep them home from school and seek medical advice.

School A to Z and the NSW Health have created an at-a-glance chart to help answer your questions about common childhood illness and how long sick kids need to miss school. Find it by typing this link into your web browser [www.bit.ly/1hyn2E](http://www.bit.ly/1hyn2E)
Penrith Public School
Calendar

**Important Dates**

**2014**

**TERM 2**

**JUNE**
18  Rugby league clinic Stage 2&3  
Australian Arms excursion Stage 1  
19  Penrith Basketball tournament Stage 3  
Australian Arms excursion Stage 1  
20  NAIDOC Cup  
24  First Pedlars’ Fair mufti day – bring a can of drink  
P&C Meeting 6.30pm  
Term 2 Discos  
25  SRC Cake day  
Rugby league clinic Stage 2&3  
26  NAIDOC assembly 11.45am  
27  Canteen - $1 lolly bag day  
Last day of Term 2

**TERM 3**

**JULY**
14  Teachers professional development day  
15  All students return to school  
17  School Athletics Carnival  
22  P&C meeting 6.30pm  
Second Pedlars’ Fair mufti day – bring a can of drink  
23  OC Test  
28  Education Week  
Musica Viva  

**AUGUST**
1  Pedlars’ Fair  
11-12 Stage 1 excursion to Penrith Lakes  
22  Walkathon

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**Clothing Pool**
Open every Wednesday  
8.45am - 9.15am

**School Banking**
Every Tuesday morning before  
school under the COLA  
8.30am – 9.10am

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**MEAL DEALS Every Tuesday**

Choose your **Tuesday Meal Deal Special** for just **$3.50!!**

1. 5 Chicken Crackles or 5 chicken nuggets + Just Juice Popper + Zooper Dooper  
2. 3 Hash browns + Just Juice Popper + Zooper Dooper  
3. A Fresh Ham, Cheese and Tomato Sandwich + Just Juice Popper + Zooper Dooper  
4. A Fresh Chicken, Cheese and Tomato Sandwich + Just Juice Popper + Zooper Dooper

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A copy of this newsletter is also available on the school website along with other school related information [www.penrith-p.schools.nsw.edu.au](http://www.penrith-p.schools.nsw.edu.au)